**Parent Information Sheet**

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| **Title** | *The Phenomenology of Suicidal and Self-injurious Thoughts and Behaviours in Young People living with Type 1 Diabetes (PERSIST)* |
| **Investigators** | *Rigel Paciente, Dr Keely Bebbington, Dr Alix Woolard, Professor Helen Milroy* |
| **Location** | The Type 1 Family Centre, 11 Limosa Close, Stirling. |

**We thank you and/or your child for participating in this community workshop for the PERSIST study.**

This community workshop will be the first part of the PERSIST study. It will involve a short presentation introducing the research team, the background of the study, what the study broadly involves, and then discussions with the attendees regarding the study. Specifically, we will be discussing the best ways we can:

* Reach out to young people sensitively
* Safely engage in conversation about their mental health experiences
* Engage with young people in the long term to help develop relationships between the research team and community members.

In this workshop, we will not be directly discussing experiences of poor mental health, suicide, and self-injury.

The contributions of community members will inform how we will perform the second part of the study. The second part is where we will speak with young people living with T1D about their mental health experiences, with a focus on suicide and self-injury.

Attendees will be reimbursed for their time at $30 per hour.

For further information, please feel free to contact either Rigel Paciente ([rigel.paciente@thekids.org.au](mailto:rigel.paciente@thekids.org.au)) or Dr Keely Bebbington ([keely.bebbington@thekids.org.au](mailto:keely.bebbington@thekids.org.au)).

We understand that this topic can potentially be distressing for some people. Please see the list of contacts below if you feel that you are experiencing distress:

* Lifeline Australia: 13 11 14
* Suicide Call Back Service: 1300 659 467
* Mental Health Emergency Response: 1300 555 788 (Perth) and 1800 676 822 (Peel)
* Emergency: 000