



## Diabetes self-efficacy children's group needs you!

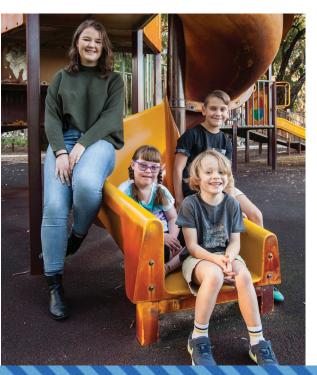
## WHAT IS IT?

- The group focuses on promoting a family's self-efficacy essentially the confidence someone has to carry out a certain task or behaviour in managing diabetes and problem solving in difficult situations.
- It is designed for children who would like support for the ongoing adjustment to a type I diabetes diagnosis. It also supports the meeting of young people



with a type I diabetes diagnosis in a safe and fun environment!

- The sessions are run by psychology and clinical nurse specialists (mental health), in collaboration with diabetes social workers, diabetes nurse educators, diabetes dietitians and diabetes teachers.
- A parents/carers group is run alongside the children's group which aims to provide psychosocial, education and peer support. Coffee and tea provided.



## **DETAILS**

Who is eligible? Children with diagnosis of type I diabetes aged five to 10 years old When? The four sessions will be run on alternate Mondays - October 21, November 4, November 18 and December 2, 2019

**Time?** 3.30-5pm

Where? Clinic K, Perth Children's Hospital (take the Yellow lift)

What do I bring? An afternoon snack How do I join? Ask your endocrinologist for a referral or please contact a diabetes educator on 6456 1111 (select option 2)